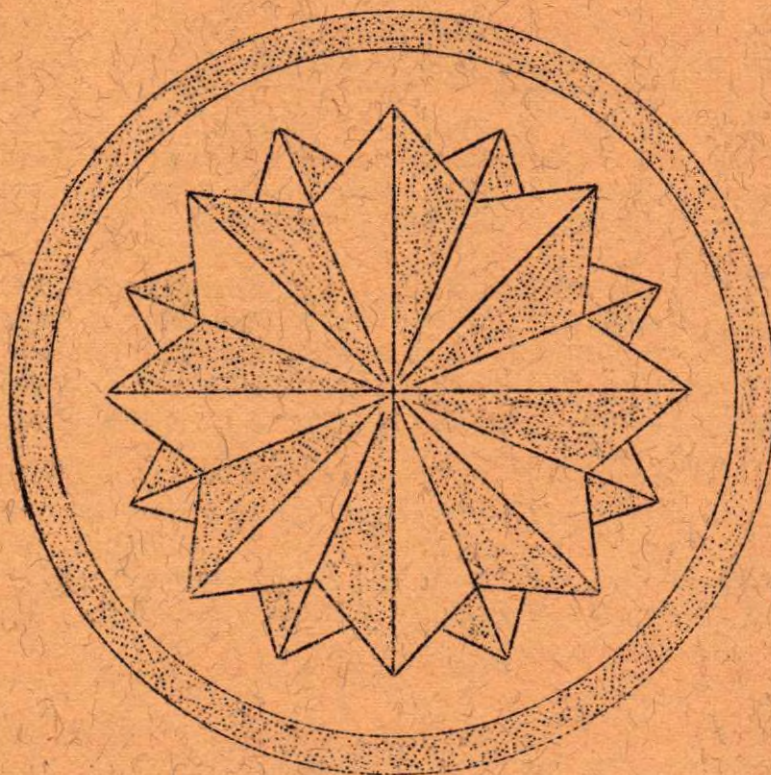


SEANCE MEMORANDA from the

Inner Circle

BSRA NO. 10-N, Part VII, of the 1950
Series of Seances, Previously Unpub-
lished, Oct. 28 thru Dec. 21, 1950.



through Mark Probert, medium

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SEANCE MEMORANDA OF THE

INNER CIRCLE

BSRA NO. 10 - N: UNPUBLISHED SERIES, 1950, Part VII

INTRODUCTION TO PUBLISHED SEANCES
of 1950, by MEADE LAYNE, Director

"These booklets contain reports of trance mediumship only, and are concerned mainly with the opinions of astral people on scientific, philosophical and occult problems. They are printed for informative purposes only and not in the interest of any cult, organization or religious beliefs. Mark Probert is a non-professional trance medium who has received no compensation for some four years of service, apart from donations at a small number of public seances.

"To conserve space and reduce publishing costs, the names of the sitters are usually omitted, along with irrelevant conversation and questions which can be easily inferred from the nature of the replies. Replies of the controls are sometimes condensed but care is taken not to distort their meaning. Except where otherwise specified, all sittings were held in San Diego."

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* * *

CONTROLS IN THE ORDER OF THEIR APPEARANCE

Yada di Shi^Wite, Marlea, Professor Luntz, Lao Tse, Franklin Roosevelt, and Lo Sun Yat

SEANCE DATES

Oct. 28, Nov. 7, Nov. 24, Nov. 30, and Dec. 21, 1950

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MARK PROBERT SEANCE

October 28, 1950

8:00 P.M.

CONTROL: YADA DI SHI'ITE (speaking in the Yu Language, commenting on the fact that a very large American Indian "Heap Big Chief" was present, at the side of the control. He was identified as the companion of one of the women present, who had been appearing to her psychically for some fifteen years or more. After this, YADA, still in Yu, spoke of a muchacha, a child, with long hair, singing, and happy coming to Mrs. Hughett. This child was identified as Marlea, a granddaughter, who had passed, the victim of polio, a very short while ago. YADA promised that, later, when he was leaving, he would try to help Marlea to speak through the Boy.)

(YADA speaks explaining the Chief): "He has a lot of feathers over his head. He says he makes himself dress thus for you. He says for you to try to make a contact with a medium that will use a camera, and that he will appear in the picture if you will go to a photographic medium ... for you to try that. Have you ever tried it?"

"No, I have never tried a spirit photograph," replied the lady.

"Very interesting, very fascinating, and I will talk about it in a few minutes.

"I want to say to you all this evening, there are many things involved when you pass out of the physical body. My painting (referring to a painting by Mark) - it is not the way I looked when I lived in your world; it is the way I look now. I have adopted that attire because it is more pleasing to my mind, to my way of thinking. The sun, and the love symbol below it, appeal to my consciousness, and that is the way it will be with you. That which really appeals to you will you wear and will you do."

"Then you did not have these symbols on in Yu?" asked a guest.

"No. At that time, when I passed out of the physical body, then I was very old. Now I am young. You may be young or old, whichever you desire. It is as you again picture yourself. Mind has complete control over matter. It has, right here in your world."

"Anything can happen now if you wish it strongly enough?" asked a guest.

"That is right. As I said the other evening; as you think, that is what you are. You mark your face and body from day to day, from moment to moment. Every thought you think causes you to move in this or that direction; you open and close, open and close the hand; the eyes express, and reflect each expression brought on by a motion or emotion.

The emotion, brought on by something outside, works upon the muscles of the face. The muscles and tendons of the face lie close to the skin; the skin becomes molded to the action of the muscles, therefore you get certain lines in your face. If you have not, in this world today, there probably will come a time when there will be a science of the study of the face in which the lines will tell that person's entire life."

"Like the lines of the hand do now?" inquired a guest.

"Yes."

"That happens to some people now, doesn't it, people who have understanding, who can read your face and know you by what they read?"

"Yes. One who is inclined to be soft, easy, it shows in the mouth and the chin and the brow. One with determination - in the chin, again; the muscles of the jaw; in the smile; the expression of determination comes in the eyes and the set of the mouth.

"However, when you get to understand life you will find that it is unnecessary to cause the mind to work upon the muscles of the face, and therefore your face will stay young, placid, calm. There is no purpose gained, there is no reason for anyone's fretting over circumstances, whatever they may be; for these circumstances have come about through that individual's own mental activity, and therefore his physical activity. You are to blame for whatever situation you find yourselves in, for you put yourselves in that situation by your thoughts and by your actions. No one can change that for you but yourself. No one is to blame but you.

"In the Christian world it is taught that your Master, the Christ, will atone for your mistakes. This can not be done. A little while ago, before I took over control of the Boy, you were discussing the sun symbol on my head, and sun-worship. I once lived in the period of time, in Persia, shortly after the death of Zoroaster. Now, the marking or symbol of the sun does not mean that we were sun worshippers. We worshipped not the physical sun, although the people did, but the teachers knew different. The sun was merely a symbol of wisdom, of light.

"How did this come about? Once, before Zoroaster came into the world, the earth was thrown off its orbit and out into the darkness of outer space -- for many years it was so."

"Out of the present solar system?" asked a guest.

"Yes, out of the present solar system. Those that survived prayed for the return of the sun. As your Christian Bible now teaches, you are praying for the return of the son - s-o-n in your case; but originally it was s-u-n, sun, in your English way of saying it. The people of that time did not know that the earth had been thrown off its orbit;

they thought the sun had just left. They thought this was because they had done a great wrong and now the Gods were punishing them by sending them into darkness. Then Zoroaster came, and with him came the sun again. So he became the prophet or symbol of life, and the Wise Men got together and did for him just as the White Brotherhood did for the Master the Christ. Even as a baby they saw that he was a Great Being.

"Friends, look back through the history of your world, and you will see that all teachers were born in wisdom and brought with them great light. Light for the world, that today is going into physical darkness, spiritual darkness, that will be even worse than it was when the physical sun left the earth in darkness. The price for our indifference is too much to pay, if we but knew it. For a moment I would like to listen to you."

"When these Masters come into the world aren't they ushered into the world from the logos -- isn't there a group of high angels that watch over these masters and before their entrance into this world aren't there a group of high angels that see to their birth?" asked a guest.

"All teachers that are sent from different planes of consciousness are assigned to these positions. That is their work. It is because they have had endless years of experience in that direction. Everyone that comes, or is about to come, is appointed a kind of guardian, as you say, an angel."

"Carrying the angelic hosts with them - their own angelic hosts; the more in the Light they would be, the more they would have?"

"The greater the minds around them."

"You say we are going into a dark period, and yet some teachers tell us that we are in a new era now, and this will be the era of enlightenment," stated the guest.

"That is true; but, also, before the sun comes the darkness and the storms."

"Was Haziba living in the time of Zoroaster?" asked a guest.

"Yes, that was where I had the honor of first meeting her."

"Again I go back to the other evening, to speak of man and his desire to get without giving. It cannot be done. Everything, no matter what, has its price. The question only is, are you willing to pay? If so, then do what you so desire to do."

"We must be willing to pay the price?"

"And the more you know this, the greater becomes your suffering, the greater becomes the price."

"Is that what the Master meant when He said, 'Whatsoever a man soweth, that shall be also reap?'" asked a guest.

"Yes, that is right."

"It is a wonder the Christian people don't take more notice of that saying than they do," remarked a visitor.

"Unfortunately, in your times the alleged Christian is one who goes and sits in his temples only on the Holy Day, and while sitting there thinks of everything but what is being said; and then, on coming out, forgets that he was even there."

"Don't you think it is the fault of the ministers and the priests of the Christian religion, who always stress the atonement and the blood of Jesus ... if you don't believe in the blood of Christ you are lost ... the rest of the sermon is forgotten. Isn't that a mistake?" asked a guest.

"Indeed a mistake. But your day that you call 'Sunday' was originally a Pagan day of worship. Also, as I said a while ago, the people that were sun worshippers did worship the physical, or bow down to the physical sun; but the teachers knew better, and tried to point out the truths. Today you worship the physical man, Jesus, instead of the sun-Christ-Wisdom. A temple is only as good as the priest-. Today your temples are built for money; therefore, one who goes there expecting nourishment for the soul gets but chaff, husks. We of the 'Inner Circle' cannot tell you what to do about this situation. It is your world. It is your life. As long as you do not protest against the situation it will last.

"Back in the time of Atlantis the people that were put in chains, literally thousands upon thousands of them, were put there because they were indifferent. They let their kings and priests lead them into slavery. The only way that they could become free they used; and that was by using mantrams, and calling upon the elements to free them from their misery by the destruction of their world.

"Now, as for the blood of Jesus Christ, and Jesus acting as the Lamb. In the time of the sun worshippers they offered up an actual lamb, and they took the blood and poured it over them, atonement by the blood. So your Christian teachings, in part, are the teachings of the sun worshippers."

"But when they poured this blood they really did atone for the things they had done; but the Christian does not do that -- he expects this man Jesus to atone for him," stated a gentleman.

"That is the difference between the so-called 'superstitious' sun worshipper and your Christian -- 'let someone else suffer for what I have done'."

"But the true sun worshipper, or the true Zoroastrian did not make those sacrifices?" asked a visitor.

"No, there were no such sacrifices made by the true teachers, by those of the 'inner circle' because the teaching among them is that 'thou shalt not kill', and they do not kill anything, not even the spirit of man; even for eating they did not kill. Today your Christian wallows in the bodies of animals, animals who have died in fear."

"They don't realize that what they are taking into their bodies they are encumbering their souls with," stated a guest.

"Until one awakens they are like zombies, the walking dead. They know not what they do. Even your Master, the Christ, made that statement, 'forgive them, they know not what they do'."

"It seems to me we are always looking for someone to lay the blame upon when anything happens. We know it within ourselves, but we seem to be looking for someone else to lay the blame upon," remarked a guest.

"If we would take all things that come to us, easy or difficult, as a lesson, that we are learning something, then we would not blame others. It is because we think we are losing something that we desire to push the blame upon another. If we could only make ourselves realize that by our difficulties we grow; without them we will be as a baby. Pay attention to what you are doing; if in your mind you feel you are doing right, do not concern yourself with the results of your acts, but with what you are doing. Man, as a rule, is more interested in what will happen by his doing this or that or the other thing; his mind is on the results before he has made the cause. Pay attention to the causes you make. The effects will take care of themselves. If you do this, you will not do something that you know will bring you trouble. What are you thinking about, lady?"

"Nothing particular," answered the guest.

"Think of something. Do I upset you?"

"No."

"What do you think of life and death?"

"I never thought much about death."

"We seldom do until it sits on our little doorstep, and then it is too late to think; and then we are bogging down in grief. If we did think more of it, we would think more of life, for death is life eternal. We can not lose one another, only if we abuse one another; and we do abuse one another when we do not concern ourselves with life and with death. We not only block the chances of those who have gone for being able to keep up the contact with us, but we block our own chances.

Today look at your graveyards. Great, big, beautiful graveyards; while those who are still living live largely in a very poor way, under very poor conditions. Great tracts of land are taken up to put a bunch of chemicals in so that someone can say 'there lies my loved one; I will come and leave them some flowers'. There lies nothing! That loved one is standing by you; and you are drowned with tears. A steel wall is put up by the ache in your heart in the belief in a loss.

"You have advanced in science to a marvelous degree, but you have taken almost no steps in the direction of the soul, of wisdom, of the inner workings of life. You marvel over your intricate inventions; you labor long, with deep and complicated mathematical problems to make that little bit of nothing called the atom to destroy yourself with. Now it has become a white elephant. You do not know what to do with it nor without it. The real scientists are praying for some way to find out how not to use it. Only those that know no better suggest that the atom, the power of the atom, be let loose upon the world. So surely as that is done, I say to you that your world will fall apart. The ray that your atomic bomb produces, if it is used very much, will split the ionized belt around your earth and let in some of the most dreadful storms the world has ever known since the beginning of the earth."

"Yada, do you think this will really happen, or will it be prevented?" asked a guest.

"Your guardians of the Earth, the Ethereans, are working constantly to keep the Earth people from using atomic power. The rest of you can only pray. I am bringing to you facts that you must face. You may say 'I cannot do anything about it.' Those of you who know the inner truth will do something about it, and the something which you can do is merely this; that you will from time to time pray against its use; you will never utter the words that it should be used against any nation; for atomic power is a boomerang -- it will return to the user."

"Do the scientists know, beyond the actual explosion of the atomic bomb, the damage it will cause? Do they know it might open the ionized belt?"

"Yes, they do know that."

"And yet they do not publish these things?"

"It cannot be done, for that would panic the people."

"What is this belt that you speak of, around the earth -- is it the end of the atmosphere?"

"No, not the end of the atmosphere, but actual particles of matter - the magnetic field, the electronic field of the Earth; some call it gravity. Gravity and magnetism are the same."

"Is it not what we might call the vortexia of the earth?" asked a gentleman.

"Yes. An analogy might be made to it by the thin skin of an egg that has been boiled. It is, the Earth, very much like an egg in many respects."

"Will we ever find out how to overcome the force of gravity?"

"Yes. Many will; not too many, but many can do it now."

"I don't mean something like an airplane," said the guest.

"No, I mean levitation."

"It has been said, by one who followed the Zoroastrian teachings and gave them in this age, that by 1960 or thereabouts that we would by that time be able to overcome this situation and 'save the world unto a sun-clothed day,' or the civilization would go down; but it could be saved," said a guest.

"Yes, it can be saved, but you all must work for it; put your shoulders to the wheel, as you have in the past worked for the situation that now is."

"But when one broaches this subject, the people look at you and think you are not mentally right, or something."

"They are the sleepers. You are talking a foreign language to them. So you will have to approach them something like this, asking them first, in a kind-of offhand way, has such-and-such, or so-and-so ever happened to you? Bring them out; let them tell their own experiences, and then you may work back. I think that would be a good idea."

"Yes, thank you," said the guest.

"It is always best to let those who are sleepers awaken by their own efforts. If you shine your light in their eyes you will blind them, and give them more fear than before."

"Is the Consciousness that we all have, the Consciousness of each soul, that will save the situation? The awakening that we each can come into - will that save the situation?" asked a guest.

"Yes, this coming into the understanding of what life is about. Do not try to save the world. Do not make that your mission. Your mission only is to awaken yourselves, so that you shall become better teachers. That is what is necessary. I shall step out for a little while, and try to help your granddaughter to use the Boy's body. We can do nothing more than try."

CONTROL: MARLEA:

"Grandma ... grandma ... grandma ... "

"Yes, Marlea. Do you want to tell me something; you know I am with you all the time," said E.H.

"Yes, grandma. Mamma was so sad; they sat on the foot of the bed; they were so sad. Tell them not to be sad for me. I am so much alive, I am not dead, Grandma. I am going to try soon to sing for you, if you will like me to. I can still sing, and I can play."

"I want you to sing .. can you sing 'Place your Wish Upon a Star?'"

"You like that, Grandma?"

"Yes, very much," answered E.H.

"Who has my music now?"

"Your music is on the piano, and Carolyn has played some of it. Carolyn has been practising some of your pieces now."

"I hear her, and I try to speak to her, but she does not hear me; she does not hear me, Grandma."

"No, dear; but she will sometime. Your mother does, and your mother thinks of you, and your mother understands."

"I have tried to speak to her, and sometimes I think she hears me."

"I love you all so very much; I did not stay so very long in the world, did I?"

"You did a good work, dear."

"I wanted to grow up and have a boy friend, like the other girls, but I guess I just couldn't stay."

"I always teased you and told you you were boy crazy."

"I still am; and there are some very nice boys over here, too, with me ... I am having an awful time speaking."

"You are doing better than you did the first time you tried."

"I am speaking too loud, am I?"

"Not too loud. You are doing very well. Marlea, do you remember Harriet Foster? She told me to give you her love. She couldn't come tonight, but she will be very sorry to miss you."

"Yes, I do remember her. Thank her for me."

"Grandma, did I have new skates or shoes before I left? I felt as though my feet weighed so much -- I was wondering if I had shoes or skates on them?"

"No. You were worrying with your feet for a little time, but they were all right. Do you remember, you talked with your toes," remarked E.H.

"Yes. I was not afraid then. I did not think that I would go."

"It is better so; you are free now."

"I would never have walked again, anyway, and now I can walk and dance and sing, and I feel very wonderful, Grandma. I walk almost every afternoon with you, down to Thirtieth Street."

"You must come and go with me shopping for birthday cards. Your mother just looked at them, and she put them away. You must help me pick your cards ... I need you."

"I have been with you down into town many times."

"You must come and play the piano for us."

"Could I play so that you can hear me, Grandma?"

"Yes, I think you could; at least, I could hear you. I am going to buy that piece for you."

"Claude. Claude. Hello, Claude, I didn't see you before."

"Hello, Marlea."

"I did not see you at first, Claude."

"Do you know that I play a bit on the piano, and I think of you playing there often," said Claude.

"I did not see you when I came in. Who are these other people, Grandma?"

"They are friends of Mark and Irene Probert."

"Do you remember Bernice McCabe, Marlea? She is my sister. Do you know Alfred and Frances?" asked Irene.

"Is she dancing any more?"

"She was in the Starlight Opera this last season, and is doing very well."

"I would have liked to have been in that, Grandma."

"Sister Theresa is with you very often, isn't she?" inquired Irene.

"Yes, she tried to help me speak through this man. I never knew him, did I?"

"He is a very nice man, and he is my husband."

"And you are Bernice's sister?"

"Yes, I am. Do you stay around the Inner Circle very much?"

"No. They have helped me a great deal."

"They have told me about you, so I know they are helping you, and Yada told me he would help you," said E.H.

"Grandma, he is a very large man."

"He gives the teaching that I do here."

"Yes, that is why I was so glad to talk with him. He made me feel almost like I was talking with you. How is Mother Gloria?"

"She is fine. She is coming to see me later. She was sorry to hear you were not here when she returned from Europe. She is in Los Angeles now, but she is coming back within the next week or so," said E.H.

"I will try to be there and try to talk to her."

"When Mother Gloria is here maybe Mark will be at our house."

"I am going to leave, but I want to say 'hello' to you, everybody. I am not sad. It is just that I feel so happy that I have been given the chance to talk to you."

CONTROL: PROFESSOR ALFRED LUNTZ:

"Hello ... my eyes, please. I am not accustomed to having tears in my eyes; it feels very strange."

"They were tears of gladness," said E.H.

"Yes; much more sense than tears of sadness. Tears of sadness, I think, from my standpoint, do not show that we understand life very clearly. Tears of gladness, a full heart, really display the inner feelings that can't be expressed in words."

"She did remarkably well," said E.H.

"Very well. I was a little amazed she did so well."

"She was able to recall the names of so many people. Is she doing well there?" asked Irene.

"Very well, and the only reason she mentioned her feet feeling heavy was that after one has been over on my side for a period, whatever has been the matter with you when you passed over you carry the remembrance of it for a time; then when you come in contact with a physical body again you are very likely to take on the feelings of the illness you had when you passed over. However, when you leave the body of the one you are speaking through that feeling leaves you.

"That is why you have that feeling, Mrs. R. When you are aware of another presence you take on the feeling of that one who has been ill. It is because that one brings that feeling with them, and coming into contact with the physical world again the memory grows stronger, and quite often we use it - we all do - as a form of identification. This can happen also in telepathic work. When you are communicating telepathically with someone, you are very likely to pick up any body disturbances or general mental disturbance .. really it is all mental disturbance, not body.

"How wonderful it is, my friends, how grand, how glorious. If I could have taught these things when I was living in the physical body, instead of what I did, I would feel so much happier, so much freer than I now do. The continuity, not only of human life, but of all life, a glorious stream, a constant, a great stream of consciousness. How easy, really easy it would be for us to make these contacts whenever we wished had our training from the beginning been in that direction.

"But now, 'ashes to ashes, dust to dust, unto dust thou must return'. And how they plant you, and then they pat you gently in the face with a spade, and a few tears are shed, a few flowers are placed upon the grave, and those still in the stage of what is called living go on doing the same things they did before. Occasionally that one who has passed beyond their vision tries for a time to awaken them to the fact that they are not dead, but very much alive, and after they find they can't do it they weary of it and go about doing things more along constructive lines. In no state of consciousness does it gain anyone anything to bat their head against a stone wall. Tears prove nothing, gain nothing. Of course, it does wash the dust out of your eyes; also, if it is prolonged and deep it puts a lot of poisonous substances in your blood stream, affects the heart, may cause high blood pressure, may cause any number of things.

"Life is for joy, for laughter, for pleasure. Let us have a bit of it. The glory of man lies not in the grave. But how are we to live if we don't know how to die, or to die if we don't know how to live? Why should we concern ourselves with what we are going to be; we are not going to be anything more than we are. It is not my belief that a

caterpillar gives much thought as to what will be the outcome of him while he is turning into a cocoon. Here he is, a lowly little fellow, creeping along the ground, crawling on trees and plants of various kinds, never dreaming that in the course of time his form of consciousness will cause him to bring on that state which may be called suspended animation while he builds for himself another body, a freer body, a lighter body, a gayer body, a more colourful one. Let us suppose that he was capable of worrying, like a human being. 'What am I going to be? I am going to die! I am afraid! What is this unknown quantity called death?' He never dreams that he is going to be a beautiful butterfly. But because the body does not know something, that does not mean that the mind does not know it. The mind seldom communicates the higher knowledge to the body. The body wouldn't have very much use for it. The body is afraid. It wants to hold the form, the form it thinks it knows. Let us concern ourselves with life, for all is life. You go into your sleep state; you are not afraid to do this; and what is sleep but a change of conscious awareness; that is all, and that is what death is."

"When you pass through that stage called death do you have a wider vision than you do in the body? Do you see more? Are you aware of more things, more freedom, or something like that?" asked a guest.

"Indeed, yes. It is much like one stepping up from the ground floor to the third, fourth or fifth floor of a building. You have that much more expansion of consciousness. The one on the fifth floor can tell what is going to happen many blocks away, and when. The one on the ground floor can only tell what is happening within his immediate vicinity. For a time, when you are first leaving the body, there is a small period of rest, a small blank, a small void. This is not always true, though. Some manage to make the transition in full consciousness. But if the body has gone through long periods of illness, this break or void is a kind of rest period in which the individual is given the opportunity to more or less free themselves from the memory of that suffering."

"Marlea seemed to be alert and awake from the beginning. Has she had a rest period, too?" asked E.H.

"She had one while passing out of the body."

"I contacted her a half hour after she was out," said E.H.

"This period is extremely short, and not to be measured by your time. I will try to express that period by saying that an individual felt a momentary blanking out. When you try to consider what time is, you will find that that moment is an eternity, seemingly."

"Could you explain this to me. The older granddaughter could see her when she first came out of the body and went to see her; after that she went to the other grandmother, and all of us saw her. How can it be that the other granddaughter, her older sister, saw her then but

doesn't see her any more?" said E.H.

"Sometimes the reason we see is because that one who has passed over has an aid or guide with them that knows how to project, to break the veil which lies between your state of awareness and ours. In reality we do not come to you; you come to us. The Boy - he comes to us. That is the difference."

"I am with Marlea quite often. I see her quite often. But the sister, who had seen her and came to me and told me afterward about it, does not see her any more. The other grandmother and I see her, but the sister does not," remarked E.H.

"Again I want to make this statement. It may be strange, but I think that most of you here will understand it. Let us suppose that I was still in the physical body. I could, on leaving my body, appear to practically any number of people simultaneously. They would see me, know me, recognize me. Does not this point out to you something of the nature of what is called consciousness? It is the ever-aware present. I am not out here, alone, as a single unit; I am the entire unit, all of it. Do you understand what I mean? The reason why many people get confused when such a situation arises, in which a discarnate being appears to this or that person or to several people simultaneously, is because man has been taught to believe that he is a body, something apart from everything else. But he is not. Were this true communication would be impossible; telepathic work would be impossible; clairvoyance would be impossible. He is not apart; he, everything, is here and now, present, ever present. One that may be so suited for such a thing could communicate and see and talk with anyone who has ever lived upon the earth.

"When we speak of reincarnation, we have to ask ourselves what is meant by that. What reincarnates? What returns? Nothing returns. It has never left. Only the belief has been suspended, that is all. We can understand all that even better when we consider that this that you walk around here in, is consciousness, and not space and time. It is odd, is it not, that we are all willing to accept one theory and reject another, and both of them are equally ridiculous. Perhaps we just have to decide what we wish to believe in, and whatever we believe in, that is right, it is true, it is honest, it exists. Otherwise you could not believe in it. You would not know about it. You would have no consciousness of it. That which you can have consciousness of, exists; it is communicated to the brain from out of the Great Mind. Impossible? There are no impossibilities. It may be improbable, but not impossible. Somebody say something?

"The lady wanted to know why the sister here did not see the sister who has departed again, when once she did see her," stated a guest.

"Merely, as far as I can see it, her sensitivity was only a momentary thing."

"You mean that in the moment she was so low over the going of her sister, she was so relaxed, so tired, that she was in tune with her going out?" asked a guest.

"She was not relaxed, but tensed. Sometimes the right kind of tension, alertness ... "

"She was very alert, waiting for news, and then the sister came to her, and the sweetest peace came over her and she knew that Marlea was gone," said E.H.

"One can leave their physical body and yet it takes a little time before that body settles down and becomes completely vacant."

"Doesn't it take three days before the spirit severs itself entirely from the body - before the silver cord is broken?" asked a guest.

"Not before the silver cord is broken, but rather before -- you see, the body is made up of chemicals. The mind, or soul, is the positive force that activates the negative force, which is the chemical field. When the positive force leaves the chemical or negative field, there is still a great deal of the positive force there still pulsating. You take your finger and spin a wheel; you remove your finger, but the motion that you have used is still being expended in the wheel."

"It does take about 72 hours. I watched her very carefully for 72 hours, and I definitely could see when it was all gone," said E.H.

"If you could bring yourself to do it ... a lot of people could not bring themselves to do it ... if you could kneel at the side of that one who is passing on, and whisper in their ear, telling them that they are going beyond the low astral, that they are going to see beauty .. instil this into their minds ... that person may seem to be what is called dead, but for any time from five to fifteen minutes you can still talk to that person after the heart has stopped beating."

"Isn't it true that the hearing is the last thing to leave the mortal?"

"Yes."

"I was not with her until the next day when I saw her for a few minutes," remarked E.H.

"Yes. Soon your medical world will have a cure for paralysis."

"Something has been said to me recently that this polio is caused from a virus in the milk in the months of August and September -- a change of the milk in the cows," said a guest.

"That, of course, may be true; however, there are a lot of people that never drank milk who got polio. I will tell you this about the

contracting of polio. It starts in the mouth. Digestion starts in the mouth. And it is during the process of mastication that the digestive activity is going on. It is in that time that your food is liable to produce a living organism."

"Is it possible to inherit polio? The grandmother lost a baby with it some years ago," asked a friend.

"No, the human body inherits extremely little of anything."

"Isn't this Koch treatment very good for polio?"

"It is excellent."

"I could not introduce that into the county hospital," said E.H.

"It appears to me that your medical world is so deep in the desire to be in power and to hold sway over the people that they would prefer to see someone die rather than that they would give in to any cure that was not authorized by them."

(A comment on the subject of socialized medicine was made.)

"They don't want it because they are afraid they will lose out -- they won't be able to get their large fees. Another union; a medical union.

"It is a disgrace to the human being and the Christian spirit."

"This chasing after money?"

"No, the brutal, the virtual indifference of one human being for another when it comes to money."

"I took the Koch treatment over a year ago, and it did marvels for me," stated a guest.

"I know. I have watched its activities in your body, and the Boy and his wife."

"Sir, may I say something about your eye? From what I can see, were you struck on that side of your face some years ago, when a lad possibly, with a bat or a ball?"

"I might have been; but I do remember falling off a post, and hitting my head on this side. I remember that very well when I was a child going to school," answered a guest.

"What actually is wrong there, and the reason I asked you, was because I see the main optic nerve has been crushed; not sufficiently to block the sight entirely, or not sufficiently to keep the blood from

flowing through it. There is a very good possibility of getting sight back in that eye, at least to a greater extent than you have now ... I believe you see only light now, sir ... by a nerve stimulant. I do not want to prescribe any such thing, I do not wish to name any such thing. Your Koch treatment is a stimulant. In other words, it is like a firing of a machine gun. It peppers the waste matter in the blood stream, and causes it to explode. It is a combustion, or what is called oxydation. Oxidation, the act of oxidizing, creates another element, a very low one, called heat. If you could get a proper nerve stimulant that would create the kind of heat that would activate the nerves, not in the body entirely, but in that portion of your head, the optic nerve, I feel sure that you would have a greater amount of light and even vision in your eye."

"A sort-of electric impulse?"

"Yes, that is right."

"Would the partaking of enough minerals help? Minerals attract and make vitamins in your body. We have 98 minerals. I understand this is even better than the Koch treatment; it cures cancers, tuberculosis, and so on," stated E.H.

"Do you know that watercress will cure tuberculosis? Taken every day, as much as you can eat."

"Do you know how we could administer an electric treatment to bring about that stimulation in my eye," asked the guest.

"I know so very little about your electronic gadgets that you have today, but I feel sure there must be one of them that could be used for such a treatment."

"I will have to inquire into it. I think my doctor mentioned something about it," stated the guest.

"Sir, a rather trite statement, but we are what we eat."

"In the last few years we more or less have studied diet quite a bit, have done without meats and gotten our proteins from other sources," stated the guest.

"I would suggest, for one who is suffering from low blood pressure, the eating of a bit of meat occasionally."

"There are other means of getting proteins .. amino acid is so much better than meat," stated the guest.

"That is quite right, but with the substance of meat it makes the blood have to work so much harder, and this will bring the blood pressure up. But I do not advise it for those with high blood pressure. Of course, you can eat eggs. Eggs will do you a lot of good. But I

suggest meat for low blood pressure, for when you have heavy substances in your stomach it causes the heart to beat faster and the blood to pump faster."

"Don't you also take on the spirit of that animal and its fear, which you will have to work off, which offsets the momentary benefit?" asked the guest.

"You do; but if you are sparing with it you can throw that off in a short time. It is only those that have been indulging in constant meat eating that are seriously affected by these vibrations. A little bit of everything and not too much of anything gives one a balance. I am not too averse to meat eating as long as it is done moderately. My very fine Asiatic colleagues are very much against it, and if that is the way they feel about it, and that is the way you feel about it, why, don't follow that which I have said. That which you do and know you are doing wrong, or feel that you are, you will suffer the consequences of. It will give you a guilt complex; it will certainly help you out of the physical body."

"Mark was talking to the little lady, our hostess last Friday. She was telling Mark this evening that her husband was quite ill; and Mark asked me to mention it to you and see if you could find out anything about it," stated Irene.

"I shall have to go and look him up and take a look at the inside of his body and see what is going on. I may be able to get back this evening, but if I do not, I will speak to the Boy tomorrow or some other day. You will please give my greatest regards to the lady."

"What do you think of the Pasteur treatment for rabies? My little dog died and I had to undergo that treatment. I have been so very tired since. I wondered if the vaccine had that effect on my body," asked a guest.

"The vaccine is taken from an animal, is it?"

"It is."

"Rabies is not a very pleasant thing to have. It can be very dangerous, indeed -- if one considers leaving the body a very dangerous thing. I, of course, do not feel that animal substances should be put into the human body in that way. It is worse yet than eating meat."

"It goes right into the blood stream. Some doctors claim that humans have never suffered from rabies," stated a guest.

"They have at least suffered from the fear of having rabies. You are quite all right, my dear. You will get over that feeling. Whenever you have taken an injection of any kind it is a foreign substance to the body, and it is best, if you can, to rest, relax completely, as much

as you can for several days after it. This will give the body plenty of stamina to fight off that condition. But if you were yourself out, if the illness doesn't get you, the injection will. The only trouble with the machinery of medicines is that they have a very bad effect upon the body, sometimes worse than the disease itself, and possibly years later. But you are all right. Don't worry about it.

"Feel within yourself always, this -- upon arising in the morning, 'I feel marvelous; I feel wonderful'. Thrill yourself. Don't say you are kidding yourself. We all love the body; let us thrill it. The real reason you wake grumpy is because you lack something exciting to look forward to. If you would have within your mind 'this is going to be an exciting day; I must get up and enjoy it,' you have a reason for living, a reason for getting up."

"We don't enjoy our work like we should. We only work for what we can get out of it," remarked a guest.

"Therefore, living becomes an extremely boring proposition. Such is your economic world."

"I notice it many, many times; if I had a job that is interesting I would get up so much better."

"I am asking you men -- and apply it to the women -- when you were going to see your fiancée you did not drag out of bed? You popped out, and the world looked brilliant to you, and you were all alive. I am afraid that marriage quite often, more often than not, is a depressive."

"It is, until you learn differently," stated a guest.

"It is unless you really love that one, you really love one another, and not just to have one another's bodies ... any animal can have such a desire and it is all right ... it is pleasure, but it is not love.

"I had better go before I get deeper into that subject. I remember all too well I was speaking through the Boy in a city up north, and I spoke frankly upon the subject of sex, as I always do -- it needs dealing with and I deal with it. I am afraid I put the Boy into an extremely embarrassing situation. However, what is one to do? To pretend to like deceit, is that what we are looking for? No, not if we are going to grow, not if we are truly adults. Let us face truth, facts. Heavens knows we can get very few of them anyway; but when we do, let us face them.

"I wish the blessings of your God upon you. Good evening."

MARK PROBERT SEANCE

San Diego, California-11/7/50

CONTROL: YADA DI SHI'ITE

"Good evening. I am indeed honored to come before you again this evening. Haziba, you are starting a retreat?"

"Yes," answered M.G.

"I was saying that you are going to have a large following, crowds, masses. But there is one thing I wish to say, if you will so permit me. Always in the affairs of man, when they are getting together in groups, there is that material, human element that falls in -- creeps in, and that you must watch out for."

"Always there?"

"Always there. It breeds very bad situations. It is the destroyer of the Paradise. It is too bad, it is unfortunate, but, nevertheless, it is there; and what is there, we must endeavor always to face and deal with."

"How?"

"It is not always easy to say how, because the human mind is of such an unpredictable nature that we never know when a saint may become a sinner, or a sinner a saint. Your individual may go on for years with the best intentions, knowing many things about the inner workings of life; and then this little unforeseen mental motion, it may be minute, and yet cause that one to stop short and turn about and go in the opposite direction. Though this may be at least one of the causes -- something that has taken place in a former life.

"We are so prone to believe the activity that we see on the surface; we are so prone to be excited or exhilarated or thrilled; or perhaps the reverse, we become unhappy, dismayed. This we must try not to be. We must, as individuals, guard against it. We must take all forms of activity with as much detachment as we possibly can, for as soon as we become disconcerted we shatter the dream and it becomes nightmarish instead of beautiful.

"Living life in what may be termed a proper, right amount is very difficult. It is much like carrying a bowl of water that is filled to the very brim, and walking with it. We have to be constantly on guard that we do not spill some. By the 'spilling' in this instance I mean the making of attachment. It is always best to have a special department set aside for all grievances to be carried to that department and talked out quietly and calmly; and if there can be no compromise with that individual, is it not intelligent then to release that individual from the retreat and forbid him further entrance? Do you not think so?"

"It seems best, Yada," stated M.G.

"I do believe. One bad apple in a barrel of good ones will soon make them all bad. While it is right and proper and the true way of life to be forgiving, to be loving, to be understanding of your fellow man, it is not intelligent to permit one who has not yet attained the higher understandings of life to trample in your garden of beautiful roses, do you think, just because you love that one? Quite often love means to chastise. I do not say that we should be indifferent, judges of our fellow beings; but we who enter into the studies of life should know what is right and act accordingly, regardless of the outcome, the consequences. If you feel within yourself that you are acting right -- act and give no concern about the reaction or the results.

"But I do see wonderful success in this endeavor. It is for the betterment of your fellow man that you have been acting all through your life. As this is true, you cannot fail. Now, your project may fail, may collapse; but you have not failed. You have acted according to your best light. The results are not for you to concern yourself with. If an act is truly in harmony with the Cosmic Flow, it shall continue and grow and expand. If not, it shall fall, but to the degree only of the weeds of disharmony that may lie in it.

"Man wears his physical body out by straining to attain, when attainment can be acquired with no particular form of action, with what is called pressure behind it. There is within the realm of possibility -- and strongly so now -- that a very devastating war shall sweep the earth. You may not be able to stay in that particular place. You may have to find a more secretive retreat. However, all that lies in what is called the future. You are to worry, or rather concern yourself, only with today, for in the day you all live, and no other times. Do you not think it wise to attend, then, to today?"

"Yes, Yada," answered M.G.

"The greatest majority of man's gloom comes from his worry about the future, and happenings that may take place in that alleged future; but it has been proven throughout history that these things we fear are seldom, very seldom, as disconcerting or evil as we thought they would be.

"I listened as I sat there to that mechanical tick, tick of the clock. Time, eh?"

"Do you wish it stopped, Yada?"

"No, no. It gives me much thought. It is not satisfied to let you know that your life is ticking away; (at this moment the clock strikes 8) it must make a celebration over it. But no, no, friends, your life is not ticking away. There is sound being made, but that, like all of your outer existence, is illusion, is Maya. Let us stop being hypnotized by that. Let us rise above it. What does your Christian Bible say? Let us be 'about our father's business' -- the self, the right action.

"'Life is of sound and fury', one of your great thinkers once said, 'signifying nothing.' Is it not obvious to you that this great thinker, in jotting that down, was thinking of the physical manifestation and not the mind? If you look on the surface in your outer world, yes; it is of sound and fury, meaning nothing. Therefore, man is hopeless, and that is why the world is in such a turmoil, and that is why it has always been in a turmoil. Across the earth have swept many, many times, many so-called rulers, dictators, humans who thought they were going to own something. They were going to have possession of it, and in their greed and lust for power they caused great misery to their fellow men. But in the course of what you call Time, they came to the end, and their mouths were stopped with dust. That is what they received, in their great desire to own the world -- a block of dust in the mouth and nostrils. Then the Winds of Hate abated for a time.

"But man does not learn readily, because man is not taught; he is allowed to grow like the weed. He is brought up under the belief that materialism is the only true law of life, so naturally he lusts to satisfy by acquiring material gains. Genghis Khan, Napoleon, Alexander the Great, we could go on, down and down, back and forth, through the history of man -- where are they all now? They own nothing.

"While we may say, as I have just said, that such men have created great suffering upon the earth, great turmoil, chaos, at the same time there is no act that does not start two forms of action -- good and evil. Your modern Genghis Khan, the man known as Hitler, he played, like all the others, a great part in changing the conditions on the earth, that were evil -- as they were. He caused the very thing that he fought against to happen, and that was the forming of what he called a pure blooded race; for he drove many nationalities together, that would not have otherwise gotten together. Am I right?"

"That was good in one sense, wasn't it?"

"It was. Pure blood. There is but human blood. There is no nationality in blood. A pure blood is a sick blood. So, while we may condemn even what your Christian Bible calls 'Satan', let us so see the Face of God, that even he, Satan, is not a completely lost soul. Now, I would like very much to listen to you."

"Which place did you refer to, Yada? I have two places in mind at the moment," said M.G.

"I do not understand 'places' very well."

"One is up on the coast, and one in the mountains; one is temporary, the other less temporary, perhaps."

"I do believe the one on the coast, truly, would be less temporary."

"You think it will be less temporary?"

"Yes."

"Do you think the other place had better be taken sooner?"

"Under the now existing conditions, as I see it, yes. But please not to make such a move until I can observe some other forms of activity."

"Will you go with me when I go there? I go tonight," said M.G.

"I shall go with you. I am honored, and I do hope that if you call upon me occasionally, mentally, I shall be able to get through to you knowingly, with understanding. But please not to make any changes in what you are now doing until I have seen further some certain forms of activity; I have many uncertainties as to what to say at the moment."

"I thought perhaps it might be better to be away from U.S.A. a little bit," said M.G.

"Do you have a place in Mexico in mind? Is that where the other place is?"

"Yes."

"I shall tell you more about that at a little later time."

"If you go with me we will go in a day or two. There is a place there I heard about, and it sounds like the type of place that I would find reminding me of ancient places where I have been -- a rather oriental style."

"I shall be very interested to go there with you."

"Have some of you something to say to me before I go?"

"Will this war directly affect us here before too long?" asked E.H.

"It is a matter of not more than two months when you shall definitely know what is to be."

"Would you suggest that it is good for us to move out of here and go elsewhere?" asked E.H.

"I would not say so yet, because I see the possibilities of a change that may change the entire picture. I must, I must study further certain types of action before I can say for sure -- do this, or that."

"Is that why we say 'this may be'? At the moment it may be so, but changes may come?"

"Yes."

"I was a little puzzled by the slightly different types of advice coming from your side; your passivity, not stirring up turmoil, and the Rajah Natcha, who is rather the opposite: He saying that unless we take drastic action it would be very bad for us. Do I misinterpret something there, or can these two views be reconciled?" asked Harriet.

"Quite often any kind of action is better than no action at all. Then again, no action is better than all the kinds of action that one can imagine. The being, the physical man, is of such an unpredictable nature, it is difficult to say with certainty that this form of action, or that, will cure, or change these conditions."

"In your opinion, would you think the U.S. would be better to be under during this war, or would Mexico?" asked E.H.

"Friends, let me say this; that if the kind of war that we see in the offing does take place, does start, there will be little or no safety anywhere you can imagine."

"Do you think cataclysms will come in before that would happen, or would the war come first?" asked E.H.

"War would come first. But there are many elements to deal with there. Any one of these may be the fire that will touch off the gunpowder."

"Is it a very serious matter, this of the Chinese coming in?"

"It is of the utmost seriousness."

"Will the United Nations be able to stop them, do you think?"

"Perhaps. There is a shadow of possibility, but a thin one; for there is more to all of this than meets the eye, my friend, much more. It is one nation's inbred desire for power or ownership of the earth."

"What was the purpose of the etherquake and earthquake in the Himalayas?" asked Irene.

"The purpose or purposes were many, and to a degree they have accomplished their ends or mission."

"Do you know, can you elaborate on that?"

"I had rather not."

"Was the earthquake the effect of prayer? Were the effects positive or negative?"

"They were much more positive than negative, although they did have many negative qualities in them."

"I was wondering if I should send any word of warning to my little family in Alaska?" asked Harriet

"What would this do?"

"They might leave there and go to South Carolina."

"And on the way they may meet with their destiny, whatever it may be. Wherever we are, if we are truly in mind with our Father, need we fear? Let us know that wherever we are is the right place for us to be. Did the Master, the Christ, knowing -- according to your teachings -- that his physical body was very likely to be destroyed by the unthinking, did He flee? No. And that is what most of us are concerned over, our physical selves. Of course, I can understand that very well, friends, very well; having had a few physical bodies in my time, I know what it is to fear the loss of it. For all that we may say to you, and all that the greatest Teachers may say to you, will not prove to you conclusively that the only existence you have is or is not in a physical body."

"We don't fear it for ourselves so much, but I was thinking of this little family with two babies who are just starting out on the experiences in the physical life ..." said Harriet.

"If it is to be, it is to be. I do not like to seem to be what you call, in your American term, a 'fatalist'. I know only that we live, and if I must use the word, die, of our own action or actions. You cannot escape life; you can only live it. Remember only this, that you are with the Father. 'The Father and I are one.' I was not created; I cannot be destroyed."

"Is there a possibility that there are some entities in the etheric who haven't experienced life on this earth, existence here? And will ..." asked Irene.

"Yes, there are."

"The high or the low etheric?" asked Harriet.

"High or Low."

"But they will?" asked Irene.

"Yes."

"Is it possible to come over here, and in one physical lifetime advance to a state of fineness that you would not have to reincarnate? To complete the Wheel of Life in one lifetime?"

"My dear, you have posed a question that is not to be answered in a simple manner, yes or no. It is a question that, before I can answer it, in my own small way, I shall have to consider many other things first. Such questions, pertaining to life, are extremely deep, and I do not feel

that I am myself sufficiently advanced to give you the answers in yes or no fashion. It would not be understandable in those terms."

"Aren't the realms, younger than the human realms, always advancing toward taking up existence in the human? Isn't there advancement from the mineral to the vegetable to the animal, always coming toward the human? And when they get that far they will have to start at the beginnings of the human race and unfold through the human? asked M.G.

"That is true -- they work up by degrees. Now, certain things may take place. The environment itself may change. And the change in that environment may cause beings on other planes, whether they be in the low elementary state or the high spirit state, to have to adjust themselves or make a change of form, a drastic one, on entering that physical environment. Quite often what is called a 'sport' or a mistake -- or what you call sometimes a 'freak', such a direct change in the form of a species, it may appear that the environment is not yet prepared, itself, for that change. But the Cosmic Consciousness that moves knows that changes must be made. When I say know I do not mean the word in your understanding of the word 'knowing'; it is not what we may term a consciously conscious way of knowing -- there is no awareness sense of what has been done then, by this Cosmic Consciousness. Do you think so?"

"I understand what you mean. No, I think it just follows the vibration of the Divine Impulse of Perfection," stated M.G.

"That is right. That is right. Unfortunately, we as human beings upon the earth, in exchanging what is called knowledge with one another, have to use words, tones, sounds, and too often they do not in the least, in the least, convey the true image of our thoughts. Thereby we come amiss from one another. I must go."

"Thank you very much," said M.G.

"We feel sure that you will protect Haziba ..." said E.H.

"Haziba needs not my protection, for she is about the Father's business. This being so, she has the protection of her own High Self. That will lead her to the greatest, or to the lowest ... it is in her Father's house she dwells. I have no control over her destiny or life. I am indeed honored that you may think or feel so."

"It is so that you do help some of us sometimes?" said E.H.

"Indeed. But if you walk in the Light, my friends, you have nothing to fear; nothing."

CONTROL: PROFESSOR ALFRED LUNTZ

"Hello, hello. I just dropped in for a moment, and I see someone has had tea before me."

"It is cold -- you won't like it," said B.N.

"There is nothing worse than tepid tea."

(A discussion followed and explanation of tea bags and their individual use).

"You don't get the true flavor, as it should be. You seem to be always thinking of doing everything as fast as possible, to go on and do something else ... you swallow your tea as quickly as possible, throw the bag over your shoulder, and rush on.

"How nice it would be if we could all really enjoy what we are doing. How much younger we would stay, of the body. How much more thrilling would life be to us. A few nights ago, I believe it was Thursday night, I think I mentioned it then, the fact that we do not enjoy -- we do not permit the body satisfactions that are due it, that belong to it. You are living in a physical body. There are laws that govern that body.

"When you are ready, mentally, to do otherwise, to rise above those laws, then you may do so. It will be right, it will be proper, and the body shall still be taken care of. But too often we, many of us, having been in darkness, find that a little light has a strong tendency to blur our vision, so that we have a distorted picture of that which we are in our hearts seeking.

"You are not to train the body first; you are to train the mind first, and the mind will train the body with no particular effort. When you try to train the body first, all that happens is that you bring upon yourself phobias and inhibitions. You stifle, you crush down, and then what happens? Many others, who would have liked to have followed your path, they see that something peculiar has happened to you, and they begin to ponder about it, and they say, 'Poor George, he would get himself tangled up with that stuff, with that sort-of thing -- it is pure rubbish. At first I thought I would follow him; it looked pretty good to me; but I got smart.' And, for a time you have lost one that you could have done much for by your proper actions.

"Anything we do, while we are doing that thing, let us put our minds upon it. Let us enjoy every moment of it. Otherwise, let us not do it. The modern American business man rushes out of the house in the morning, jumps into his car, and if he survives the speeding through traffic to his office he goes madly through his business routine, dashes madly to lunch, bolts his food never tasting it, and twenty minutes later, if you asked him what he had to eat he wouldn't be able to tell you, neither by taste nor by memory. The same process in returning home. By the time he reaches forty or fifty years he has the great American disease called ulcers -- or heart trouble -- kidney trouble -- and almost always wife trouble. All simply because he has not learned to take things in his stride, and to enjoy every moment of what he is doing. Do you think I am right?"

"You are very right," replied Harriet.

"Do you think I am right in reference to the body and the care that should be taken of it?"

"We seem to be caught in this terrific rush; you can't slow up because the whole of life is geared to that speed."

"Were I a teacher of life in the physical body, I would first teach my followers to enjoy properly the things of the body, so that they could comprehend what physical life was about before they tried to reach up and beyond into the spiritual worlds. In India the streets in many places are teeming with those who sit with upstretched arms until they wither; or with eyes staring into the sun until they are burnt out; and many other forms of physical torture, all to show their indifference to the physical body and world they live in.

"How little these know. One and one, it is said, makes two. You can't have one and say you have two, without being aware of the fact that the other one is there. Two forces always work together through all life, all consciousness -- no one force works alone. Let us try to get into harmony, body and mind. Bring them together. In doing this, when you get both of them working together consciously, then you will become aware of only spirit, only mind; you will lose the awareness sense of the physical self, and it will then be right. The mind will be what you term automatically doing its duty -- subconsciously, if you wish -- doing its duty. Then the physical body will be in full health always. You shall have no awareness of pain and strain and strife.

"If you have nothing to say to me now, I shall go. I know your time is limited, and I do not wish to impose upon it. I hope in the near future to be with all of you again. And, Mother Gloria - may I call you that? -- I am hoping that we shall have the opportunity of at some time presenting ourselves to a group of yours if you would so honor us."

"With a cup of HOT tea?" laughed M.G.

"Don't forget that, by all means."

"I lived in England for about eighteen or more years, so I know the ritual."

"There is more to it than meets the American's eye, you know."

"I agree with all that. It is a wonderful ceremony," stated M.G.

Control Withdraws.

A FEW NOTES FROM MARK PROBERT SEANCE OF

November 24, 1950

"Isn't there something we can do to prepare ourselves to be of service to those around us -- by mental preparation, so as not to be panicky?" asked L.P.

CONTROL: LAO-TSE

"Yes, we hope it will condition you to take whatever happens with fortitude. I suggest only this: that you move in the direction that seems most suitable for you to move in, at the time which seems most suitable for you to move. You may not like this, but were I to say to you, 'Move now! Go to such and such a place' and you go, I am perhaps guarding you only so that you shall be safe from war or quake -- but other things I do not know, and they may affect your life much worse than war or quakes."

"You mean it is useless to bother with first-aid courses or anything else?"

"Study what you possibly can to be of service ... study what you can to understand how to take care of malnutritions, husterias of the people you come in contact with; most of all, train yourselves to accept a situation and a condition while it is going on, because only thus can you handle a situation properly. One who does not have this sense of detachment becomes himself hysterical and helpless."

"Should we try to forewarn others?" asked L.P.

"They would either become extremely nervous, or they would laugh at you. You see how hopeless that is. I do believe you should get groups together and get some kind of understanding of how to take care of wounded, burned and otherwise injured people."

"One teacher has suggested breaking ourselves in to fasting, doing with less foods."

"Yes -- I think that most of you could very well do with less. Also, I wish to suggest this: I feel that each of you who feel you are to be helpers should learn something about the laws of hypnosis, for with it you can stop pain without drugs, you can break hysteria, you can stop bleeding, you can bring peace."

"Do you think one of the 'Inner Circle' can give us instruction? I don't think I would trust to the men on this side to teach me hypnotism -- I don't think they know the proper method," stated L.P.

"I believe something should be done along this line. There are going to be many times when there is going to be needed someone to relieve the terrible suffering. If one understands, one can handle any power

with no reaction of a wrong kind upon that one. But I can see that it is a little-understood power. When you learn it right, it is not so -- for it is truly only the Law of Suggestion you are using. By holding one's attention quickly, taking it, you have the full control over that individual. But if used as suggestion for good, this cannot happen. I, with my small understanding of life, can assure you that hypnosis in the hands of one who wishes good can do no evil. Is not even wrong hypnosis better than watching one in terrible suffering and leaving him that way? It is -- if nothing else -- a choice of two evils.

"Friends, all atomic fields where experiments are going on, such as rocket ships and the like, are being carefully watched by the Ether-eans. They are hoping, and doing their best to keep the Earth people from using atomic power. If it is used, they will be kept very busy keeping the Earth's magnetic field from being disseminated. This dissemination will cause great quakes in time. Goodbye."

Control Withdraws.

CONTROL: YADA DI SHI'ITE (After giving an invocation in the Yu language):

"Friends, for long we have been coming to speak with you. You all have been extremely kind and patient with us. We have said things at times about which we were a little uncertain as to whether we should tell them -- how they would be received, how handled. You have done extremely well ... It is sometimes best not to carry further than our little circle here some of the things we have to say; for there are many that are not ready, not prepared to accept these things with calmness and a kind of detachment, and it is likely to spread panic -- or at least be disconcerting and possibly be extremely bad for some individuals. The populous is already too much confused. So we say to you, as you listen to what we have to say, temper your speech with judgment when you leave here.

"We do not ask you to accept anything we say as being ultimate truth. Life is not for ultimate truths. The greatest law is change ... On a few occasions we have told that a certain thing would take place at a certain time -- but you need to remember this; the individual human being is an unknown quantity; there is no infallible way of predicting what he will or will not do."

(End of notes).

MARK PROBERT SEANCE

November 30, 1950

CONTROL: YADA DI SHI'ITE (Before speaking in English, Yada gives a Mantram in Yu language).

"Good evening. I am bringing to you the blessings of the Inner Circle and of your God and of my God, Ka. Using the spoken word by intone-

ment we call and bring into manifestation the elements into our control. A number of you sitting here this evening undoubtedly do not realize your own potential powers. In the years that we of the Inner Circle have been honored to come and talk to you of the earth plane we have said much concerning you as being potential gods, so I do not think it necessary that I go into much of that tonight. There are so many other things to talk about.

"But I do find it necessary, very, to tell you at this particular time especially, that you all must hold on to yourselves; that you must not permit fear to enter into your lives at this time. Its reactions shall be far greater than ever before, for the world is a living, vibrating mass of fear today, for man at large knows - if not consciously knowing, he has it in what you call subconscious, an inner fear. This inner fear is bred by the knowledge that his civilization is coming to an end.

"My dear friends, I do not bring to you sad news happily. All things - and you must try to remember it - all things are born out of change. The physical-chemical world is a world of violence. The very nature of chemistry is violent. Now you have before you, night and day, the thoughts of this coming strife. Do you think it should come now and get over with it before the world dies of fright? Fear is a terrible thing.

"Those of you who know something about the inner workings of life, it is your duty to aid those around you who know not, for they will be filled with the fear of death. Death to them, is a frightful thing. To you who know better it is your duty to stand by and aid them. Atomic power - hmmm - man can not begin to touch - in his way of making force - the ways of Nature and the forces of Nature have wracked and quaked this earth of ours ... they have driven it out into darkness away from the sun, off of its orbit ... great floods have swept across the earth; and yet Life, Man, persists. Five different times mankind, as Man, has been swept completely off the earth plane - destroyed - and yet he keeps returning. What should this prove to you? ... that you cannot destroy life. You can change the form that life comes to dwell in, yes; but you cannot destroy the life force, and you as individuals, whether you are desirous of accepting the idea or not, it makes no difference. You continue to exist outside of the physical body. You make this body. (To Pixie - you do not have to write that; it has been written many times.) It is important that I repeat this this evening - very.

"If any of you doubt that you can exist apart from your physical body I advise you to spend a little of your most valuable time in making experiments in what is called telepathy, clairvoyance, clairsaudience, and many other fields of the mind. Do not accept what we of the Inner Circle have to say at its face value; that is what you have been doing down through the centuries -- listening to your priests, the ones in authority, telling you what you ought to do, what you should know, leading you around by your noses ... big or small noses. (-motioning to his head). You have this up here ... it is but a physical machine, but nevertheless it is the entrance way ... it is the channel for the real spirit, the soul, the self, the psychic body, or any other term you wish to use, to work through.

"Think! How little man does of that kind of activity - thinking! It is only when we run up into difficulty and we find ourselves concerned that we then stop and say, 'Well, then, I think I will think ... or perhaps not; perhaps just sit down and weep and say ... oh, God, why did You get me into this ... I have been good to You ... I have gone to Your church ... I have followed Your teachings! ... or ...'This is what the Devil made me do'. Never once are you accepting the fact that you yourself did it by your destructive thinking or lack of any kind of thinking!

"You still have time. For a moment I shall keep quiet and listen to you. It becomes tiresome doing all the talking, and I do not like to be like the empty barrel, making much noise. You talk ... you make noise."

"Your last remark makes us hope that you have more to say .. you said 'you still have time' ... time to do what?" asked Harriet.

"What I do not know."

"To think?"

"A very beautiful process. At this late hour we think! We desire to think. Of course, the leaders of your country here, the United States, as well as the leaders in all countries, are the ones that you put into office to do the thinking for you. Now, in other countries, most, anyway, there is no what is called 'vote'. In your country, yes, a democratic way of life. Now, let us see what democracy has led to in this kind of thing. You have two factions, called Democrats, Republicans. Every four years you are to put someone in office from one or the other of these groups. Each side or party makes a definite job of dragging out and airing the leaders of the opposing side, their innermost life. They do not stop with the man that is to be President, but they take his entire family and all that he has come in contact with and air it in the most scandalous, filthy, dirty way imaginable ... a good Christian spirit. And then they go and shake hands with each other ... 'may the best man win' ... with the filthiest, most rotten methods one can imagine. Do you know how shaking hands came about?"

"Wasn't it to show that there were no rocks in the hand?" asked Harriet.

"It was not so much a friendly gesture as it was one to show that I am not going to knife you this time."

"My friends, I do not want to criticize, I want to point out the foolishness of the human being in your country or in other countries. Russia - your side of the world looks at them in dismay; they are a frightful people! How, my friends, did they ever become Communists? It is obvious, even to you here on earth, that Communism today, as it is in Russia, is not Communism; for Communism means brother love - the will to

share one's goods OR WORLDLY POSSESSIONS WITH ONE ANOTHER. That is what Democracy means, too. Russia for years and years, hundreds and hundreds of them, the people of Russia lived under the most devastating tyranny of its rulers. Only the wealthy could get schooling; only the wealthy had the proper clothing, and housing, and food. The poor had priests to tell them what they would get in the after-life; to tell them they must be good, they must not at all feel any sense of hurt or vengeance in their hearts, they must permit the ruling faction to grind their heels in their faces and then bow and say 'thank you' while they think 'I will get mine when I go to heaven.' Do you like that?

"Evilness is bred within. If one individual in a community falls and is permitted to go on with it, soon the entire community becomes a criminal or criminally inclined community. It is the same with nations. We must show interest in one another's welfare. But, no, you wait until the crime has been committed, and then you drag that individual up before the courts ... you spend hundreds of dollars prosecuting that individual; perhaps if his crime is serious enough to put him to death, you permit him, through law and through finegling, to wait in his death cell for months and months and months before you finally put him to death. You permit him to sit there ... he is learning nothing ... he will die with no more knowledge of wrong than if he had never entered the cell. So what happens? You send one soul, one psychic body into the astral, and he is filled with murderous vengeful thoughts; so he will seek another who is still living on the earth plane who can be impressed with his thoughts of hate and revenge, and he will settle in that one's aura and he will egg him on to doing the things his vengeance sees ... and there lies your crime waves, your murderers, and the reasons for them. The priest goes into the death cell and prays that the Lord will have mercy on his soul! The priest does not know who God is; he knows nothing about the soul; he has been told that he has a soul, but for himself he does not know. If we know not of God, how can we speak to Him?

"I am God! I am the Devil! I am Beauty! I am Ugliness! I am the All in All! You can not have another individual take your responsibilities on his shoulders and pay for your lack of thinking. Neither the Master the Christ, nor any other teacher that ever came to the physical-chemical plane could take upon His shoulders your mistakes - die for you. Death in this way is made horrifying, degrading. You are given to understand that He paid the great penalty ... what is the great penalty? Losing the physical-chemical body ... the way your churches teach it.

"My dear friends; when you pass out of the physical-chemical body you are going to go on the greatest adventure you have ever dreamed of. So it was not a deprivation for Christ or any of the other Teachers to lose the physical-chemical body; they all went through the same thing ... they were all persecuted and put upon the cross. Zoroaster, of Persia was crucified."

"On a physical cross, Yada?"

"No. Nor was the Christ, upon a physical cross. My dear friends, this is not true. But should it lessen your love for such teachers? No! They came, they all came to awaken man to his own greatness. I know, to look around and about you in the many parts of the world, you come upon other human beings, like yourselves, that you view feeling that they are anything but human. You are judging from the surface. The 'outer' tells nothing. What have you to say, Sir?"

"Can you go back to your sentence about there still being time, and tell us what you meant by that?" asked a guest.

"Within a month's time, friends, lies the answer that will either make or break and destroy the world's civilization. This is bound to come. There is so much tied up in it, so much that you do not know anything about. Were you to know it, it would sicken you beyond measure. You cannot imagine the festering greed that lies back of it. The greed for power to hold the greater masses of people in their grasp ... to enslave them. Let me say to you, right down in your country, as well as others, are beings that are ready and willing and able and desirable of selling your Democratic right to the nation that is most capable in his or her mind to destroy you."

"In fact, they have already done a lot of that, haven't they?"

"Yes. That is why the war has reached the stage it has today."

"Weren't we criminally betrayed in that attack in Korea?" asked the guest.

"There was no excuse for the attack in the Hawaiian Island. Your Nation has the greatest secret Intelligence of any nation on earth. They have right at their fingertips everything that is going on. Let me assure you that your Country is well protected ... well protected, for the factions back of all this do not want any of it destroyed."

"That was one of the reasons why I predicted in a number of public lectures that the Atom Bomb will not be used," stated the guest.

"That for the moment I shall not say. If others of the Inner Circle wish to say it, that is all right. For myself, I will not say it. Now, friends ... a few more of you have something to say?"

"Would there be germ warfare? Will that be used on this coast?" asked E.H.

"If they get through, yes. Every and any kind of weapon will be used if they feel it necessary."

"Somewhere someone expressed the thought that Russia didn't have the Atom Bomb to give today," said Irene.

"That, of course, is very foolish. Most of the American people have been led to believe that Russian people are ignorant peasants, still."

"There is not so much wrong with the people ... it is those in power who condition them ..." stated a guest.

"Isn't there about the same gang in power in Russia as we have in Washington? You, friends, smile, and there is much I could say, but due to the dangerous situation that your world is in at the present time, I shall not."

"Aren't there selfish interests all over the country as well as in Washington?"

"It is not only in Washington ... it is not localized ... it is in Paris, in Berlin, in London, in Moscow."

"No Government can go beyond what the people will support them in," said a guest.

"Do they have guided missiles capable of throwing the Atom Bomb directly over the Pacific?" asked C.M.

"No. If Russia does attack, one of the first points she will attack is Alaska from Siberia. But you have protection. If your heads of military and otherwise do not become panicky, and there are not too many Judases to betray the inner workings of your military, things will work out well. Your Country carries the Light - the light of possibility for man's opportunity to stay upon the physical plane so that he may be given further time to awaken out of his hypnotic stupor of believing in physical existence alone."

"Celia wondered if you would be able to give her more information on her question about the Gomerites," stated Irene.

"I am very sorry. I did not intend to forget, but this other is extremely important. Let me say to you this. You were not one of these. I would at all times be extremely careful in your desire to aid these Gomerites. They left the earth plane under extreme suffering. If you are desirous of helping them you can, as long as you keep your mental distance. Do you know what I mean? Do not become too strongly mentally with them. Do not permit yourself to make a mental tie; keep it loose, with them."

"It is very hard for them to be good," stated Celia.

"You will please to ask them this question - what is 'good'?"

"They don't seem to understand."

"If they do not know what 'good' is, how do they know they are evil?"

"All life of all kinds is fantastic, if it is to be considered so in our way of thinking. I would suggest that you go on for a time aiding, to the best of your ability; but there are several things I would like to find out, and then I will come and talk with you again on that. You did not have another life connection with them."

"Thank you very much," said Celia.

"Haziba sends her regards to you tonight, and wishes she could be here," said E.H.

"I offer her my most humble blessings and love; and I do wish she would move herself back out of the district that she is thinking of settling."

"Tijuana ... move out of it?"

"Yes."

"Would Tecate be better - it is fifty miles inland from Tijuana," said E.H.

"Yes."

"She will see you soon."

"I shall be honored."

Control Withdraws.

CONTROL: PROFESSOR ALFRED LUNTZ (On the subject of a glass of water which was brought for Mark, but which he did not get to drink before Prof. Luntz took control):

"Water ... of course ... was principally made to bathe in. Tea is to drink. This holds good today in this respect; your city water is not very good."

"This is spring water, Professor," stated Irene.

"That is excellent."

"I understood you people of the Inner Circle thought that Mark did not drink enough water."

"Of course, he does not drink enough water. The lack of water in the system produces wrinkles. Ladies, do you like wrinkles? All your creams and face lotions will not take away the wrinkles. Drink plenty of good water."

"How about root beer?" asked a guest.

"It will be all right."

"Do you know what soft drinks are? Do you approve of soft drinks -- they are made with carbonated water."

"I don't think so."

"Did they have such things in your times?"

"Your soft drinks, with the carbonated water, are extremely bad for the kidneys, and some of it is deadly to your teeth."

"Isn't there too much sugar in most of them?"

"Yes. However, were I to tell you - don't do this, don't do that or the other thing because they are not good for you .. pretty soon you wouldn't be able to live. What is the sense of stopping one thing when you are doing something else that may be ten times worse? We say to you, don't drink coca-cola; at the same time we should say, don't smoke cigarettes. We shall find, as we go along in life, that we can do anything in moderation, anything at all, and live happily and comfortably with it, as long as we do not overdo, or in our attempts to do it we don't step on another one's neck.

"To come back to an unpleasant topic that my most honorable colleague Yada Di Shi'Ite was talking about a bit ago: with all that you may learn concerning this strife that is ..."(This page missing from notes).

"I try not to," replied the guest, "I have learned a great deal from you and Yada Di Shi'Ite, for which I am very grateful. Still, we are living in the body, and we have to do some of the things that we think are right. Do you think it is wrong for me to go?"

"From my very small view point, the question is, who is to be the gainer by it; yourself or the one you are going to see?"

"There are a number of things involved. Wouldn't it be good for me to have a change?"

"Indeed, yes. The world is in a very dangerous spot right now."

"Whatever is meant for us, we will get it!" stated the guest.

"That is splendid. If you take that attitude, that is the way for you to go, and you go. You see what I mean by becoming disconcerted? Either make up your mind to do something and then do it, or make your decision otherwise."

"I am even going to fly!" stated the guest.

"It shall be very good. Perhaps I shall even go with you. I shall occasionally call on you; I shall accompany you part of the way, anyway."

"You could stop in England," suggested the guest.

"Fogbound, peasoup fog!"

(from another member of the audience) .."I have been having pains on the right side of my neck, sort-of a pulling pain. I have been under doctor's care, but they don't seem to find anything wrong."

"May I ask how long this has been going on?"

"For about six months, but in the last week it has been coming on very strongly. I have been very annoyed with it and very sick," stated the guest.

"Can you please look back over that period of six months and find, in your mind's eyes, whether or not you have been mentally disturbed deeply over anything?"

"A few things."

"Have you heard of hypertension? This is the building of actual stresses and strains in the physical body that bring about real pressure upon the physical parts. You have been trying to make up your mind about something - to get free of something. I feel that you have been under that kind of tension."

"Yes, that is true."

"There is a slight inflammation in the tendons and muscles of the neck. But you must not become distressed over it, for you shall get over it with the proper treatment. You have had electrical therapy?"

"Yes," stated the guest.

"I see no serious trouble in your body at all. I would suggest, however, that you try not indulging in too much sweets or starches. These create toxins in the system. White bread is extremely bad for you. My dear, I do not see a serious condition at all."

"Thank you very much," said the guest.

"If you are going to a doctor - he is taking your money, for what? What is he actually doing? Is he giving you electrical therapy?"

"Yes; and shots."

"Shots - hypodermics? And, by the time they get through with you, you wish they had used a shot! Would you please permit me a little time,

within, let us say, a few days, and I shall examine you further and then return and tell the Boy clairaudently what the difficulty is and how far it has gone and what actually can be done about it."

"Thank you so very much," said the guest.

"It is an honor and a pleasure to be of some kind of service, always, to anyone. If we, as human beings, will offer our services to one another, extend our hands and minds in love to one another, we cannot fail in life."

"Last week Mr. Layne read you the letter pertaining to the visitor from the east - did they get in touch with you?" asked Irene Probert.

"Yes, and we were hoping to give him an opportunity to come through tonight. If you wish, when I leave we shall endeavor to help him to take over the Boy's body and speak tonight."

"Mark said that when he was listening to the radio he felt him there with him," said Irene.

"Have you looked into the subject of Dianetics at all?" inquired a guest.

"Friends, how do you like that subject?"

"It is dangerous."

"The dangers of Dianetics, along with the dangers of anything, depend upon whose hands it is in. The average man in the street knows nothing about it. He may take the book and read it, but he is merely reading another one's theory which he has not had time to put into practice because he has had no fundamental basis for his studying of Dianetics. Mind is a very complex bit of activity. There has been a great deal of talk upon the Yogi contemplating himself. No human being, or anything else, can contemplate itself! For the moment the mind starts thinking about anything it is producing activity, therefore that one is contemplating activity but not the Self. My Honorable colleague, one of the members of the Inner Circle is now endeavoring to put a chapter on the Evolution of Form and the Ever-Becoming of Mind through the Boy by dictation. Dianetics is a form of activity that may be classified as the Ever-Becoming of Mind. Your psychologists have said so much that most of it has been not more valuable than nothing at all. It is but a purge of words."

"And the main product is confusion?" asked a guest.

"Confusion -- they have talked endlessly, Freud, Adler, Jung, and all the others, about the activity of the subconscious, the unconscious, the superconscious -- and heavens knows what others -- the consciousness.

We do not know much, but there is one thing we are aware of, and very aware of it, and that is simply this; there are no such things as 'sub' or 'super' or 'un' of the conscious; all is consciousness, from the atom to the entire universe and universes ... a living, vibrating state of consciousness.

"In this somewhat ponderous writing, in part the author attempts to show how words can become imbedded in the consciousness and create physical disturbances years later. How did your earth and all the heavenly bodies come into being? Your Christian Bible said something like this, 'The Lord spoke and said'. Now, is it logical to assume that this Lord, who is somewhere in space as a separate distinct Being, suddenly let out a shout? ... and in what kind of language? Heavens only knows. But this 'word' was not a spoken word, but was a sound vibration. Matter came out of - indeed, it exists in Mind. It is a form of activity of the mind, like the flame is activity going on on a stick called a candle. The worlds, the physical parts of them, were brought together by sound - tones - harmonics. They came out of latent heat energy.

"Now, it seems that if we go too far in trying to discover where or how matter came into being by physical methods, we find ourselves lifting ourselves by our bootstraps. Your physical scientists may say what they will, but none of them know anything about the origin of matter. So is it not logical that I can now say, and safely say it -- it came out of Mind. What do I mean? What is Mind? Something here in space? Is it a localized thing? Is anything localized, and what is it localized in? Can anyone tell me? This, my friends, that you are moving about in, is Mind -- is Time. Therefore Time, like everything else, is you. So, when you are late for an appointment with your lady friend don't say the clock didn't tell me the right time -- for you are the right time."

"Would the lady friend accept that excuse?" asked a guest.

"She may, until she marries the gentleman. We all put our best foot forward when we are presenting ourselves to someone who may be of benefit to us. Whether it is the one we say we love -- and how do we love them? Have you ever stopped to ask yourself that question? How do we love that one? There are ten million females in the world - and possibly a smaller amount of males. Thank heavens for that. A man says 'I love that woman; she is the only woman in the world. I will die for that woman, I will do more than that for her, I will murder for her' ... so after he is married he wishes he had murdered her! Why? Because he hasn't found in her what he feels in himself. When we extend the emotion called love to another with the hopes that it will end in some kind of physical act (which we as human beings understand better than anything else), we do so with the principal thought in mind of 'what do I like?' We can't really tell what the other one likes except we judge by ourselves - our own feelings - and quite often we overshoot the mark by so doing."

"How much longer time do you think the males will have a chance to pursue the females in our present civilization?" asked a guest.

"If the people of the earth really wanted to stop this war, all they would have to do is to put all the males over on one continent and tell them they must fight it out among themselves. The females, knowing how difficult it is to get along without these male creatures - who are really a nuisance around the house - would soon go over there and save their loved ones. They would all go home happily and there would be no war. It is greatly true that the female encourages her man to go to war. She becomes lost in romance. In every war the Government sees to it, although in a very Christian way, that the males that are going to war are kept entertained, richly, by the females. In other words, sex goes to war. Not love, not kindness, not understanding ... just animalism. As soon as the war is over the law says that you should not covet another man's wife, and you certainly should not have anything to do with one another unless you are legally married. Not love - marry: not married in the sight of the true God through love ... but legally.

"Sir, you asked me about Dianetics. Do you see where I have gotten? That, sir, is the ability of the mind, and it proves very definitely that everything hinges so definitely on everything else that you can talk - take up one subject, anything at all, and end up talking about sex!

"Friends, this is the driving point. Let us try to see things for what they are. Let us stop trying to 'kid' ourselves and one another. We are all human beings, striving to become Gods, or to return home to our natural state of the Mind. I feel a restlessness which means that I am becoming an after-dinner speaker. So, friends, if you have nothing further to say to me I shall depart."

"We thought you had a special message for us tonight - about San Diego," said a guest.

"Your little town here is the fourth in line for bombing -- not atomic. But should the enemy get through they will strike the entire coast up and down. It is only this that I wish to say concerning San Diego and you people; that you should keep yourselves prepared for having to leave the city. Try to have on hand, without overbuying, a goodly supply of things. Your government will tell you when it is time to leave. In case any of you are thinking of going home and sleeping and having bad dreams about this tonight, let me say you will waste your time. You only live -- right now. All we say is, be prepared. It is a good Boy Scout motto - let us do it. We all, sitting here, are adults with adult minds. Let us be calm-go about things in an intelligent fashion. You may get excited and say 'well, I shall flee tonight', and while you are fleeing and getting into some other state you may meet a very disastrous fate. The man in the closet is more likely to be struck by lightning than the man in the open. Good night."

CONTROL: PRESIDENT ROOSEVELT (10:15 P.M.)

"Ladies and gentlemen, I do not know that I can hold onto this man's body for very long, but I shall do my best. I am your former President of the United States, Franklin Roosevelt. I had the honor to do a little talking through a medium in the east; the lady's name was Margaret Lewis. I spoke to a man there, Dr. J. Gilbert Wright, a retired chemist, (See BSRA No. 12-A, Two Inventors Return) and told him that I must have

another medium to speak through, one that I could use more efficiently than I could use her. I needed this other, because I had something of importance to say to the people of my country."

"We feel greatly honored to have you here with us," said Miss Foster

"Thank you, but I am afraid it is a rather dubious honor to have. In my years in office I was very, very much loved by the great majority of the people. Now, while I deeply appreciate all their kind thoughts of me, at the same time I knew that there were many things I had to do that would have heartily displeased those who loved me, had they known. Politics is a very dirty game. Now I am trying to work out of the many unhappy things I had to do.

"I have come to talk to you of the grave danger that has settled upon the world in the form of another war, and all because the right things, the things that I asked to have done, were not done.

"Stalin has the mind of a peasant, and had to be catered to. I knew that if I did not do this, we would have had to fight Russia along with German and Japan. It is called -- the word used I believe -- is appeasement. Can we deny that occasionally it is the better part of valor to retreat? Can we? No! Then, is it not also at times the better part of valor to use the power of appeasement? But no, those who are running the country today in Washington are under the direct guidance of the Catholic hierarchy.

"I tried to 'play ball' with the Pope, through Farley; but then, when I found I could not, that was the cause of the falling-out between Farley and myself. This war lies very deeply in the hands of the Catholic hierarchy. The Pope knows that if he does not see to it that Russia is crushed -- that Communism is crushed -- the twilight of Catholicism will set in very, very rapidly.

"The Inner Circle of this man have given me the opportunity to speak to you. I bring to you these facts: that Communism as well as Catholicism must be destroyed. I am speaking very bluntly, and it may cause a lot of trouble for the young man through whom I speak. The chances of that depend largely on you who sit here and how much talking you do.

"Friends, it is or should be obvious to you all that the Catholic hierarchy has a stranglehold upon the people of the world. I tell you that these priests that have been sentenced are guilty in the eyes of the Communists (Cardinal Mindzenty for instance. RC); they are doing what they think is right. The road to Rome is through the confessional box. I do not desire that any of you should feel insulted or hurt if you, by chance, belong to that organization. But there is no hope for a true democracy -- a true freedom in which fear will not exist -- until these two factions are put down. Many of you who do not know the inner secret power of the Catholic Church will doubt me, gravely doubt me."

"Forrestal. What of him? He died. . . " said Meade Layne.

"Not of his own choosing though, do you think?" asked a sitter.

"This man was the victim of dirty politics. There are more ways than one of murdering an individual," replied Roosevelt.

"Do you think our Secretary of State, Dean Acheson, is being persecuted in the same way?" asked Harriet.

"Frankly, I do," replied Roosevelt. "I have much to say to you but I cannot stay longer now." Control withdraws.

* * *

At the time of the publication of this seance transcript, almost 15 years after it was received, BSR Associates may have forgotten that our first Secretary of Defense, James B. Forrestal, was an apparent suicide in 1949, over a year before President Roosevelt made the above statement. It is too bad this Irish Catholic and Wall Street banker couldn't have come through himself to make a few statements about his actual passing. Forrestal was imprisoned on one of the upper floors of the Navy Hospital at Bethesda, Maryland -- because of alleged violent behavior during his supposed illness -- and was found dead of a broken neck one morning on the roof of one of the lower floors of the hospital. The story given out to the public was that he had jumped to his death from his room on the upper floor.

It is possible that President Roosevelt had come through earlier during the month of November 1950; for at the top of the typewritten transcript of 11/24/50 (Page 28 of this published series) is the notation: "Rest of Notes Missing" and "First two pages of this sent to Mrs. Franklin D. Roosevelt, 12/16/50". What, if any, effect these words from beyond the grave had on Mrs. Roosevelt then is unknown at this time.

* * *

MARK PROBERT SEANCE

December 21, 1950

CONTROL: LO SUN YAT

"Friends, I come to you this evening to try to tell you of the existing conditions in Korea and in Russia and in England and in India and in these places that are all tied up together and, of course, your Country."

"That is the substance of his talk," said Dr. Layne to the recorder.

"Yes, the mere substance of it - merely touching it, for that is all that can be done, the whole thing is so vast. There is such a terrific state of confusion that no one can say, 'here is the trouble' or 'there is the trouble'. It is one matted mass. Did you ever take a ball of string, mat it and then drag it around like that? Hopelessly tangled up! I think you Americans have a way of expressing it that is just a new expression: 'Snafu'. What is that?"

"It means 'situation normal; all fouled up'", said Meade Layne.

"First I want to say, as I did last night, talking thru the boy (talking thru the pen), the United Nations forces must not be driven out of Korea. This will lead the Communistic China to take Formosa also; therefore you must not be driven off of Korea. Formosa is a very strategic base. It may appear now that the U. N. forces have to be driven off of Korea. I tell you they will not. They have only a small beachhead there now -- a very small beachhead. They may have to eventually give up that but they still shall stand and fight and return to it. It is a signal for all Communistic China forces to attack your mainland once they take Korea and Formosa. The Chinese people have a strange attitude towards the Western world - psychological outlook. If they succeed in their efforts, especially against such countries as yours, it will give them great heart. Russia is going to carry on this war, but she will first endeavor to get the Asiatic people to exhaust your manpower and reduce your high economic condition in your country. Siberia is an arsenal, and a great and vast arsenal. How foolish can your men in Washington be, for them to think that they can withdraw and defend only your own country. India is on the verge of a very, very bloody uprising. The Communistic element there are going to foment great trouble to keep India busy with herself. The different countries of Europe have failed to supply the necessary strength to the United States to carry on this war in Korea, but now they are becoming seriously concerned -- frightened -- and they shall move faster. If they fail to do this, all of Europe will be overrun by Communists. If this happens the Russian government will have all these countries fighting for them. Then you truly have little opportunity to survive. When this war goes into full play, every known scientific means of destruction will be used -- gas, germ warfare, atomic power, and the power of sound. This is to be a war of what is called 'the people'. Hmmm! Yes, there has been fomented and fermented to destroy as much of the poor male population of this world as possible, so that the new people can be born into the world and raised as slaves. This has been done many times before. It will mean for the world thousands of years of darkness and misery beyond all your now horrible beliefs. It would be no crime either against nature or morals or ethics for the Western powers to use atomic power now upon my country. These vast hordes of beings

that have come in out of the low astral world -- it would be better to rid the world of them. They have no enlightenment which is, of course, not their fault -- they have not been given the opportunity. The only chance the white man has of survival is to strike now with full force with atomic power, but do not be foolish enough to drop the first one on China, but on Russia itself -- directly on Siberia and back in the Ural mountains. There is a great stronghold there. It is well concealed and a great portion of it is underground. (It would be rather difficult for our men to find -- was a question asked at this point?) It is going to be difficult to live! Let us not talk about difficulty of acting; I am not a military man; I know nothing about destroying my fellowman. I do know there have been many times in the history of the world when certain human beings, or beings in human form, had to be taken off the earth for the betterment of the world in general. This may sound harsh; it may sound brutal; but do you think it is intelligent to send a baby out among a pack of wolves? The nature of the wolf is to destroy to keep himself alive so that he can continue to destroy with no thought of construction."

"We have been told from the other side several times that the Etheric peoples would deeply resent the use of atomic power on our part. Is that still true?" inquired Meade.

"No, not now, for they see the hopelessness which man is in. They can at least withdraw out of the radius of your earth. This in itself will be unfortunate for the human being. Man is of two natures: he can be trained into harmonious ways of acting, or the demon ways of acting. The world has decided to choose the demon way. This - the world Karma. This is the working out of the Karma of the human race. This will be harvest time -- the weeding out of those that have fallen behind. Now, dear friends, I do not mean that these who die whose physical bodies are destroyed in this great earth tragedy - that all of them are to be so classified. When the time is ripe again and conditions have once more become settled upon the earth, those advanced human beings that have been removed from the earth during this chaotic period shall return again. The others shall not. They shall be kept off the earth for millions of years until all memory of having lived in earth bodies has been erased. Then they shall have an opportunity to return.

England is in an extremely difficult situation. She has made certain agreements with Russia and, at times, she feels - not out of loyalty - out of financial necessity, political necessity - to keep those agreements. But she is not going to have the opportunity. Hong Kong shall fall and the English be driven out of the Strait. The one and only hope for the world will be thru the destruction of Communism in Russia first. This can't be done until you clean out the terrible mess you have in Washington for they have connecting links in Moscow and in Washington. There are connecting links in England, Moscow, Washington, China. If the people of the world only knew that they are fighting those that appear to be their friends - their protectors - their leaders - they do not know they are doing this. They are led to believe they are fighting for what is called freedom, democracy, or communism. You have got to dig out many in your country that are now undermining it."

(Question was put here to effect that control might be of assistance in naming or giving clues to some of these men.)

"I will say only that some of them are holding top positions in your Country. They reside not alone in Washington. Many of the most important are spotted in important strategic places all over your country."

(Question inquiring whether any of them could be in the top military).

"They could!"

(Question inquiring whether they might well lead large groups of our men into a position that they could be destroyed).

"Yes; did not that take place in Italy? However, I would not name names. As I said, I do not wish to place this boy in jeopardy. You have in your Country here an organization called F.B.I. and right in the heart of that there exists crime, a great criminal syndicate spread thruout your Country. Only recently did some of it actually come to light, not thru any efforts by that department. The head of that department himself is standing on extremely dangerous ground. We may not be doing right to tell you parts of what is going on. We do it only to enlighten you to the fact that these conditions exist and hope that you may learn more yourselves."

"Has Russia as much airpower and as efficient airpower as we are told they have?" asked a guest.

"Indeed, YES."

"And the best airplanes as we have?"

"They have the very finest."

"Do they have the long range planes to the extent that we have?"

"They have, and why and how? Because they have been holding ever since Germany fell some of the greatest German scientists. Also, have not some of your great engineers from your Country here been sent over there to show them how to become civilized? Now they are going to show you how a great civilized country acts."

"Have they perfected the instrument of sound to the extent we have?"

"No, not of sound, but of germ, yes; and also of atomic power. And many of your high paid scientific physicists gave them that information. Look and learn what the names of these men are and you will see what forces, unseen, that you are fighting, really. I grieve to bring such things to you, friends, - I know it must set your hearts a quake."

"How long before they will have total conscription?" asked a guest.

"Within not more than two months after Christmas."

"Will the state borders be closed when things begin to happen?"

"You may travel, but you will be very carefully watched and restricted in many ways. If you are going to do any moving, you had better do it very soon -- very soon."

"Isn't it true they will take the men and women from 18 to 65 into the military - into the Army?"

"They will take everyone who can do anything."

"What do you mean -- here?"

"Yes."

"It is still likely there will be a big flare-up somewhere about Christmas, isn't it?"

"Yes, it is possible that Iran may be attacked on that day. I must go. Let us be strong of heart, please. Let us hold a prayer that conditions will not get out of hand - that your Country may be able to keep a light burning. Let us all. Good-day, Friends."

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